

## MINUTES OF A MEETING OF THE HEALTH AND WELLBEING BOARD

WEDNESDAY, 13TH JUNE, 2018

- Councillors Present:** Deputy Mayor Feryal Demirici in the chair  
Deputy Mayor Anntoinette Bramble, Dr Penny Bevan, Anne Canning, Tara Barker, Raj Radia, Tracey Fletcher, Dean Henderson, Dr Mark Ricketts
- Apologies:** Kim Wright, Alistair Wallace and David Maher
- Officers in Attendance:** Nicole Klynman, Jack Gooding, Peter Gray
- Also present:** Alan Steward (NeL)

### 1. Appointment of Chair and Vice Chair

1.1 Councillor Feryal Demirici was elected as Chair. Dr Alan Ricketts was appointed as Vice-Chair.

### 1 Welcome and Introductions

2.1 The Chair welcomed all members to her first meeting of the Board. Members gave a brief description of their organisation and their priorities for the coming year. The Chair told the Board that she looked forward to working with all organisations on joint aspirations. She thanked Councillor Jonathan McShane, the previous chair for his excellent work in this area and stated that she wished to continue the strong relationship that had been developed with all partners.

### 3. Minutes of the Previous Meeting

3.1 The minutes of the previous meeting were agreed as a correct record with the following amendments:

- Under Minute 6, it be clarified that costs would be shared in relation to the Complaints Charter.
- That Alistair Wallace's name be corrected in the list of attendees.

### 4. Declarations of Interest - Members to Declare as Appropriate

4.1 There were no declarations of interest.

### 5. Community Voice

5.1 There was no Community Voice section at the meeting.

## 6. Public Mental Health Action Plan

6.1 Nicole Klynman introduced the report. She reported that mental health was a key focus of Hackney's mental health strategy and commissioning, including on reducing stigmas in mental health. The strategy had been signed off by Public health, England. Councillor Rahilly, Hackney Council's champion for mental health had supported the development of the plan. A wellbeing network had been commissioned and excellent outcomes had been received. Nicole Klynman went on to outline the actions in the plan, as follows:

- Deliver a comprehensive programme of Mental Health Awareness and Literacy training for Council staff by March 2018.

The organisation, Rethink, had been commissioned to deliver Mental Health First Aid Training in the Borough, both as full 2-day programmes and introductory 3-hour versions. Rethink had delivered training to a range of stakeholders across the public sector partnership and the VCS, with priority given to services that work with young black men. Over 300 people had been trained with excellent feedback. A further round of mental health aid training was to be commissioned for 2018/19.

In response to a question from Deputy Mayor Bramble Nicole Klynman told the Board the in terms of mental health first aid training the department had looked at early talks with business and that more work was required around explaining the course. Recommissioning would take place with a more local context.

Dr Mark Ricketts asked whether there was a narrative on how the course affected behaviour. Nicole Klynman told the Board that there was a narrative but that, as yet, this had not been followed up. Consideration was to be given to the usefulness of the course

- Maintain signposting systems that explain services relevant to mental wellbeing which trained staff, partners and residents can use

It was noted that work was well underway to improve how information is shared across the borough to residents and staff who provide support. Alongside the broader review of local service directories, the website iCare was being updated and refreshed. This would involve an overhaul of its appearance, to make it more user friendly and intuitive for people who do not have an understanding of how the Council service is organised. The Council was currently undertaking a broader review of the service directories it provided, along with those offered by healthcare agencies.

- Make Hackney the most welcoming, healthy and accessible place in London for residents with severe and enduring mental health conditions by March 2018

The Board noted that this action had begun with meetings being held with peer networks and support groups for residents with severe and enduring mental health problems led by Mind and the Advocacy Group. Nicole Klynman reported that efforts had been made to engage with the East London Foundation Trust on the project, but as yet this had not been successful. The Chair raised the question of training and it was noted that the training was still available and this would be offered again. Relevant training would be provided to key council staff and management agreement to staff attendance would be sought.

- A series of 'Life Events' support packs that provide ideas, advice, phone numbers, video clips, etc of how to be mentally resilient in times of stress

The Board noted that grant funding had supported the first four projects within this action. Training materials would be produced to support services that come into contact with people during key times of change.

- Deliver a child-centred, prevention-focused health and wellbeing education service that builds the resilience of all children and young people in Hackney aged 5-19 years, and up to 25 year for those with additional needs

The Board noted that much work was being undertaken in this area. The Children and Young People Scrutiny Commission was currently planning a review of CAMHS, focused on early intervention and support to schools. Dr Alan Ricketts stressed the need to be able to access information more easily. Raj Radia asked that pharmacists be included in any courses. Nicole Klynman confirmed that Community Pharmacies would be engaged.

Nicole reported that in addition to these actions, it was proposed to focus on two new areas:

- Work to prevent suicide and self-harm
- Work to ensure that the built local environment promotes positive mental wellbeing and creates mentally healthy places.

The Chair welcomed the additional actions and that the latter should be built into wider council policy,

Ida Scoullas asked how this would link with neighbourhood models and the response that champions would be trained throughout the Borough. The chair confirmed that services to estates was more integrated and that there would be a consistent policy across the Borough.

#### **AGREED:**

To note the report and progress on the actions, and agree the revised contents of the plan with the additional actions.

### **7. Local Authority Declaration on Sugar Reduction and Healthy Catering**

7.1 Jack Gooding introduced the report providing a background on obesity, the Obesity Strategic Partnership (OSP), the Declaration and set out the actions agreed by the OSP for each of the priority areas for the Local Government declaration. The purpose of the Local Government Declaration on sugar reduction and healthier food was to provide a framework to support local authorities to make public commitment to improve the availability of healthier food and drinks and to reduce the availability and promotion of unhealthy options. Jack Gooding emphasised that Hackney had a higher percentage of obese people compared to London and the rest of England. It was noted that by signing the declaration, the local authority commits to implementing at least one action from each of the six action areas. The OSP was Hackney's whole systems approach to supporting obesity reduction and promoting healthy weight in the

Borough. This had been running since February 2016 and was chaired by the Council's Chief Executive.

7.2 The Board noted difficulties accessing secondary schools in relation to obesity and asked that this matter be considered by the Obesity Partnership. The Board stressed the need to look at business in relation to how they display sugar levels in products. It further stressed the need to set targets in approaching this problem.

**AGREED:**

To endorse the proposed declaration to a full cabinet meeting in order for the Council to sign up to the declaration.

**8 Update on East London Health Care Partnership**

8.1 Alan Steward updated the Board on the East London Health and Care Partnership. The ELHCP governance was to be reviewed in light of the arrangements across East London, namely the establishment of the NEL Commissioning Alliance and the appointment of a Single Accountable Officer, Jane Milligan. It had been agreed to use each of the integrated care systems as the main building block for driving delivery forward. NEL would focus on the key enablers – workforce, estates and digital. The first Assembly was to be held in October and it was planned to involve a range of stakeholders including patient groups such as Healthwatch, the community and the voluntary sector. The Citizens Panel was being established to gather the views of patients and the wider community in shaping and driving decisions about health and care services.

8.2 Anne Canning expressed the concern that the care aspect did not seem to be well represented in the system and asked whether Boroughs had had formal recognition. Alan Steward agreed to pursue this matter and acknowledged that more work was required and discussion needed on collaboration and transforming services. He told the Board that engagement with local people would take place locally and that decision making would be transparent.

8.3 Penny Bevan expressed the concern that the report did not address the financial challenges in respect of the East London Health & Care Partnership. Further, she stated that there did not appear to be an integrated approach and that there was a need for increased emphasis on prevention. Alan acknowledged that there were financial challenges associated with the initiative. He stressed the need to align elements and to come to agreement on how services were commissioned. In relation to prevention he stressed that NEL wanted to focus on enablers and that there would be a focus on better lifestyles. Secondary prevention would have an effect on overall spend. Dr Mark Ricketts stressed the advantages of carrying out work in an integrated way across the partnership, such as workforce.

**AGREED:**

To note the report

**9 Update on Complaints Charter - Verbal**

9.1 Jon Williams reported that the Complaints Charter would be submitted to the September meeting.

**Wednesday, 13th June, 2018**

**10 Date of next meeting - 5 September 2018**

- 5 September 2018

**Duration of the meeting: 6:30 – 8:00**